

# Newsletter

June 2024

## Baby Room

We joined in with the science theme, focussing on sensory play. We used different textured materials to create a lovely piece of group artwork. We played with the cornflour mixture, which was gloopy and some children didn't like the feeling of it on their hands but enjoyed watching it drizzle off a spoon. We also enjoyed sand and water play in the garden.

## Toddler Room

As part of our science theme, we explored texture by making puffy paint pictures. For this, we added cornflour to paint which created an interesting effect. We used the sensory room to explore light and shadows and we experimented with melting ice.

## Pre-School

This month in pre-school we have been engrossed in science activities, which have allowed the children to learn so much. We looked at volcanos, including conducting our own lava lamp experiment. The children enjoyed this experiment so much that they requested it several times. We explored floating and sinking in the water tray and then towards the end of the month, we looked at space. We made papier mache planets out of newspaper, which we then painted. We also made stars, using a marble painting method. We used these creations to decorate the back of pre-school for a sensory space experience.

## Forest School

A reminder to please provide wellies and suitable clothing for these sessions and ensure that your child has their legs covered to protect them from stings and scratches.

June 12<sup>th</sup> – Group B

June 26<sup>th</sup> – Group A

July 10<sup>th</sup> – Group B

July 24<sup>th</sup> – Group A

**Looking Forward:** The theme for June is: Real Life Superheroes.

## Personal information updates

Can we ask you all please to complete a new emergency contact and 'who can collect' form if any details have changed since you started at rubadubs? These forms are attached to the parentmail message with this newsletter. Please remember that only people listed on your 'who can collect' form will be authorised to come and pick up your child and they MUST know the password.

Please return completed forms to [christina@rubadubsnursery.com](mailto:christina@rubadubsnursery.com)

If you need us to print copies of these forms for you, just let us know.

## Reporting absences

Please report any absence or appointments via telephone or email:

[manager@rubadubsnursery.com](mailto:manager@rubadubsnursery.com)

Management do not always have time to check tapestry messages until later in the day but we do check the email and voicemail whilst finalising the register. We will call you if we do not have a

record of your child's absence. It is important that we record reasons for absences for safeguarding purposes.

### **Photographer**

A photographer will be coming in to nursery on the 2<sup>nd</sup> and 4<sup>th</sup> July to take the children's individual photos, which you will be able to purchase. More information on this to follow.

### **Family Fun Day**

Thank you for your feedback via the survey we recently sent out. It does look like we will have a lower turnout than usual and this is understandable given the nursery closure. However, there are still plenty of you who can make it and so we have decided to stick with the chosen date. To change it at this point would mean closing the nursery for another day and we feel that could inconvenience too many families.

### **Breakfast**

Please remember that breakfast finishes at 9am and therefore, if you would like your child to have breakfast at nursery, you must arrive by 9am. It is important that we are able to start the morning activities on time and stick to the daily routine for the children.

We do offer all children a healthy mid-morning snack.

### **Father's Day Breakfast**

Calling all Dads and carers – Please join us for a breakfast celebration next Thursday morning between 8am and 9am to celebrate Father's Day! Come along for a coffee and pastry before work.

### **Pushchair storage**

A reminder that all pushchairs should be folded down and placed in the outside storage area if you are leaving it at nursery. Scooters must also be left in the outside storage and not in the hallway or under coat pegs.

### **Sun safety**

Even though we have not had many hot days so far, the UV levels are high, so we must ask that you apply sun cream (minimum SPF30, 4 star UVA protection) to your child before dropping them off at nursery. You can also leave a named bottled of sun cream at the nursery but we will only apply this for the afternoon session, so ensuring that you have applied cream in the morning is essential.

All children need to have a hat for enjoying time in the garden, so please send one in if you haven't already done so.

# Drumbeat Outreach

## Parent Workshop

### Behaviour is Communication

Do you want a better understanding of why children with social communication differences are more at risk with emotional regulation difficulties? Join us to explore the possible triggers, and how to pinpoint them, and how you can reduce the causes of dysregulated behaviour in your setting, alongside ideas and strategies for supporting children with social communication differences to regulate.

Thursday 20<sup>th</sup> June 2024 – 10am-12.30pm

**This session will be a webinar.**

Please email [outreach.admin@drumbeat.lewisham.sch.uk](mailto:outreach.admin@drumbeat.lewisham.sch.uk) or telephone 020 3143 1431 to reserve your place.

## 2024 Dates for your diary

- Thursday 13<sup>th</sup> June – Father's day breakfast
- Monday 12<sup>th</sup> to Friday 16<sup>th</sup> August 2024 – Nursery closed for building works
- Monday 19<sup>th</sup> to Thursday 22<sup>nd</sup> August – Staff training days (nursery open to staff only)
- Monday 26<sup>th</sup> August – Bank holiday, nursery closed
- Monday 27<sup>th</sup> August – Nursery reopens to children.

## May to August Menus (week commencing 29<sup>th</sup> April is week one)

### Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> Porridge or Cereal Toast Milk/Water	<b>Breakfast</b> Porridge or Cereal Toast Milk/Water	<b>Breakfast</b> Porridge or Cereal Toast Milk/Water	<b>Breakfast</b> Porridge or Cereal Toast Milk/Water	<b>Breakfast</b> Porridge or Cereal Toast Milk/Water
<b>Lunch</b> Cheesy Broccoli Pasta with salad  Selection of fresh fruit	<b>Lunch</b> Sausages with mashed potato and mixed vegetables  Banana and custard or fresh fruit	<b>Lunch</b> Chicken curry with rice, carrots and broccoli  Poached fruit and custard Fresh fruit	<b>Lunch</b> Beef goulash with rice, carrots and cabbage  Selection of fresh fruit	<b>Lunch</b> Tuna pasta bake with salad  Semolina pudding Fresh fruit
<b>Tea</b> Vegetable risotto  Fresh fruit	<b>Tea</b> Baked beans on toast  Fresh fruit	<b>Tea</b> Selection of Sandwiches  Fresh fruit	<b>Tea</b> Vegetable soup  Fresh fruit	<b>Tea</b> Buttered crumpets  Fresh Fruit

### Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> Porridge or Cereal Toast Milk/Water	<b>Breakfast</b> Porridge or Cereal Toast Milk/Water	<b>Breakfast</b> Porridge or Cereal Toast Milk/Water	<b>Breakfast</b> Porridge or Cereal Toast Milk/Water	<b>Breakfast</b> Porridge or Cereal Toast Milk/Water
<b>Lunch</b> Jacket potato with cheese and beans  Semolina pudding	<b>Lunch</b> Beef hotpot with rice, carrots and broccoli.  Selection of fresh fruit	<b>Lunch</b> Macaroni cheese with salad  Banana and custard or fresh fruit	<b>Lunch</b> Beef casserole with rice, carrots and cabbage  Selection of fresh fruit	<b>Lunch</b> Poached fish with potato wedges, peas and sweetcorn  Selection of fresh fruit
<b>Tea</b> Butternut squash risotto  Fresh fruit	<b>Tea</b> Cheese toasties  Fresh fruit	<b>Tea</b> Vegetable Soup  Fresh fruit	<b>Tea</b> Selection of sandwiches  Fresh fruit	<b>Tea</b> Rice pudding  Fresh fruit

### Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> Porridge or Cereal Toast Milk/Water	<b>Breakfast</b> Porridge or Cereal Toast Milk/Water	<b>Breakfast</b> Porridge or Cereal Toast Milk/Water	<b>Breakfast</b> Porridge or Cereal Toast Milk/Water	<b>Breakfast</b> Porridge or Cereal Toast Milk/Water
<b>Lunch</b>  Mixed vegetable pasta with Salad  Selection of fresh fruit	<b>Lunch</b>  Chicken casserole with rice, carrots and broccoli  Banana and custard or fresh fruit	<b>Lunch</b>  Spaghetti Bolognese with salad  Semolina Pudding	<b>Lunch</b>  Vegetable curry with rice  Selection of fresh fruit	<b>Lunch</b>  Fish fingers with mashed potatoes, peas and sweetcorn  Rice pudding Fresh fruit
<b>Tea</b> Leek and potato soup  Fresh fruit	<b>Tea</b> Selection of sandwiches  Fresh fruit	<b>Tea</b> Vegetable risotto  Fresh fruit	<b>Tea</b> Cheese on toast  Fresh fruit	<b>Tea</b> Pitta pizza  Fresh Fruit

### Week 4

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> Porridge or Cereal Toast Milk/Water	<b>Breakfast</b> Porridge or Cereal Toast Milk/Water	<b>Breakfast</b> Porridge or Cereal Toast Milk/Water	<b>Breakfast</b> Porridge or Cereal Toast Milk/Water	<b>Breakfast</b> Porridge or Cereal Toast Milk/Water
<b>Lunch</b>  Tuna pasta bake with salad.  Selection of fresh fruit	<b>Lunch</b>  Beef casserole, mashed potato and broccoli  Banana and custard or fresh fruit	<b>Lunch</b>  Chicken curry with rice, carrot and broccoli  Selection of fresh fruit	<b>Lunch</b>  Hot pot with rice carrots and broccoli  Semolina pudding Selection of fresh fruit	<b>Lunch</b>  Fish pie with peas and sweetcorn  Rice pudding Fresh fruit
<b>Tea</b> Butternut squash soup  Fresh fruit	<b>Tea</b> Pitta soldiers with cream cheese and peppers  Fresh fruit	<b>Tea</b> Buttered crumpets  Fresh fruit	<b>Tea</b> Sweet potato and carrot soup  Fresh fruit	<b>Tea</b> Baked beans on toast  Fresh fruit